

# Hepatitis C in the Iowa Department of Corrections

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**“Iowa prisons brace for possible uptick in HIV, hepatitis C cases as opioid epidemic swells”**

Des Moines Register Sept 17,2017

**“The epidemic of HCV in the young adult population is linked to the growing opioid crisis.”**

Michigan HHS Aug 2017

**“Colorado prisoners with deadliest infectious disease in U.S. denied treatment, lawsuit alleges”**

Denver Post July 2017

**“Lawsuit Says Only Five Out Of Thousands Treated For Hepatitis C In Missouri Prisons”**

KUCR July 2017

**“Tennessee inmate lawsuit over hepatitis C granted class action status”**

USA Today May 2017



# Iowa Department of Corrections



- IMCC (Oakdale)
- ISP (Fort Madison)
- ASP (Anamosa)
- MPCF (Mount Pleasant)
- NCF (Newton)

- ICIW (Mitchellville)
- FDCF (Fort Dodge)
- NCCF (Rockwell City)
- CCF (Clarinda)



# Iowa Department of Corrections

## Prison Population

8,367

- Men 7,628
- Women 739

## Community Based Corrections

29,936

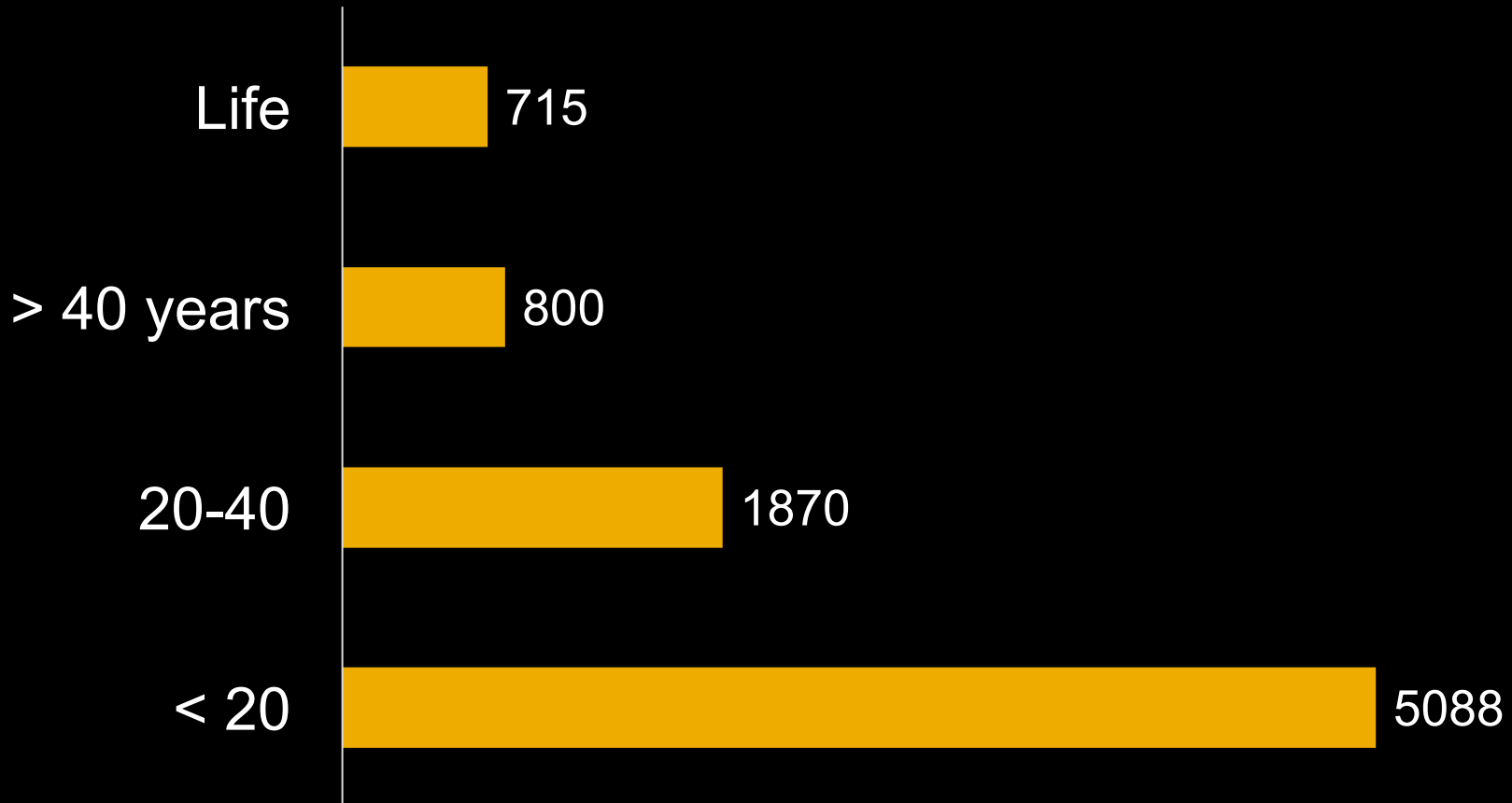
- Men 22,313
- Women 7,593

June 30, 2017



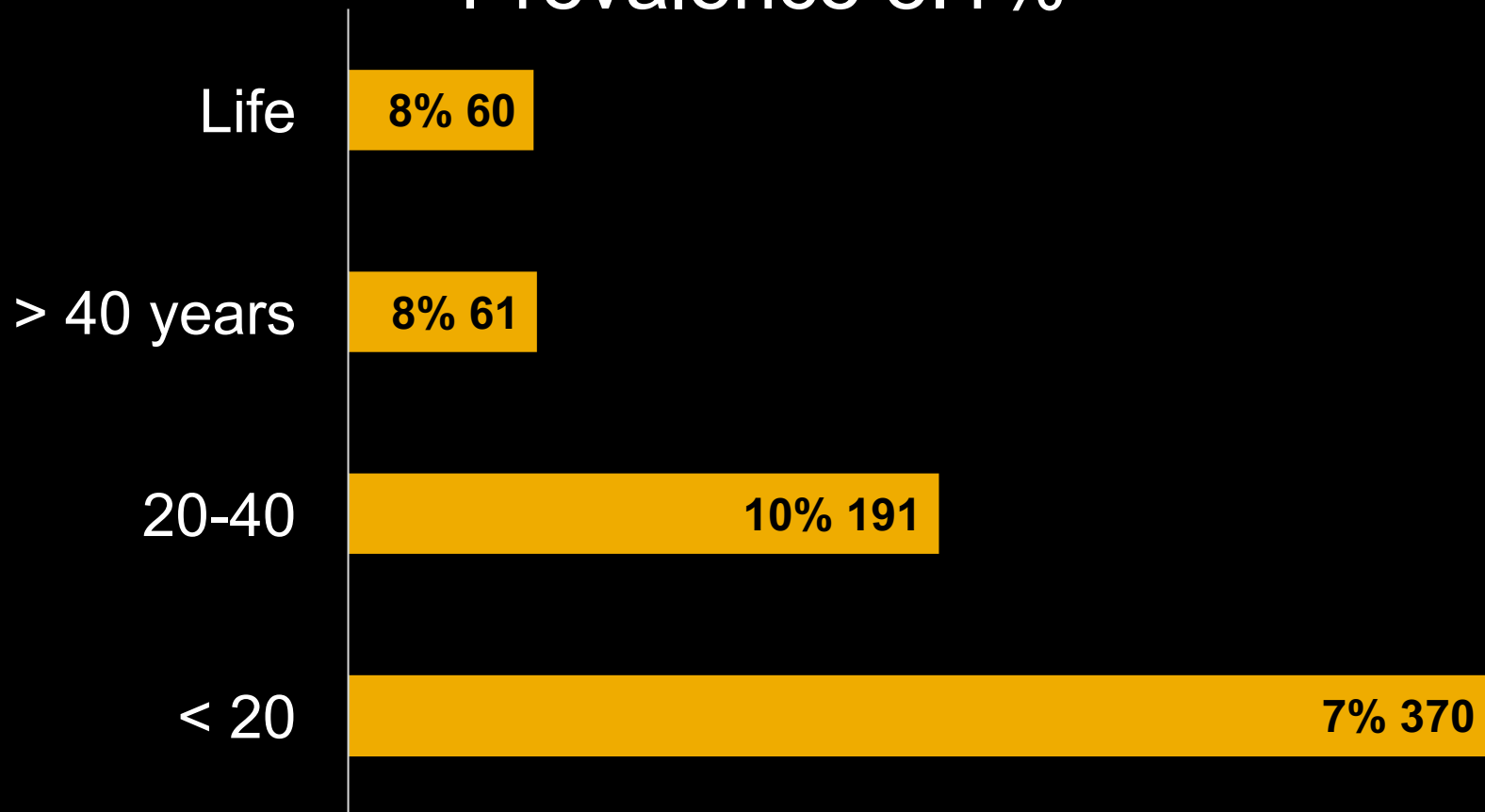
# Iowa Department of Corrections

## Length of Sentence



# HCV Prevalence in DOC

682 Offenders with Hepatitis C  
Prevalence 8.1%





# Iowa Department of Corrections

Prison Population	8,367
• Offenders with HCV	682
Admissions and Releases (FY16)	5550
• New Diagnosis HCV per year	250
Offenders in Community Based Corrections (FY17)	29936
• Offenders with HCV (est.)	2400

# Cost of Health Care in DOC

DOC Institutional Budget (FY18) \$280 million

- Health Services \$30 million
  - Total Pharmacy (FY17) \$7 million
    - HCV DAA Treatment (FY17) \$1 million  
(16 patients)

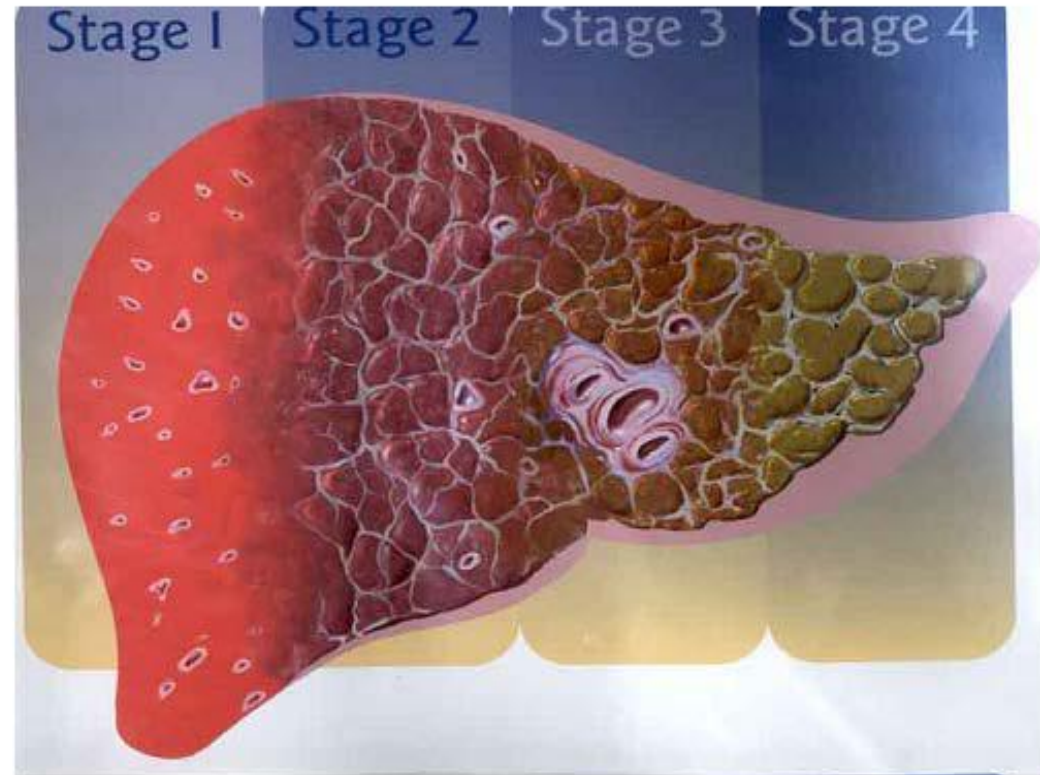


# Chronic Hepatitis C (CHC)

- The major consequence of CHC infection is liver **fibrosis** - a dynamic scarring process - which over time can progress to liver **cirrhosis**.
- 4 stages of fibrosis
- Rate of progression through these stages of fibrosis varies somewhat but the most consistent factor is duration of infection.

# CHC and liver fibrosis over time

- **Stage 1:** Some inflammation but minimal effect on function
- **Stage 2:** Some limited accumulation of scar tissue (fibrosis) but with liver function
- **Stage 3:** Extensive fibrosis (cirrhosis) and scarring but with relatively normal functioning
- **Stage 4:** Substantial cirrhosis damaging liver and impairing vital functions



- Treatment can slow, halt or reverse liver damage in stages 1 to 3
- Extent and rate of progression of liver damage within individuals is variable although several factors influence fibrosis progression.

# Cirrhosis

- 20% of all patients infected with HCV – left untreated – will develop cirrhosis.
- Median time from infection to cirrhosis is 30 years with a high inter-individual variability
- Complications of cirrhosis: GI bleed, encephalopathy, liver failure, and death
- Risk of developing liver cancer (1% per year)

# DOC Hepatitis C Policy

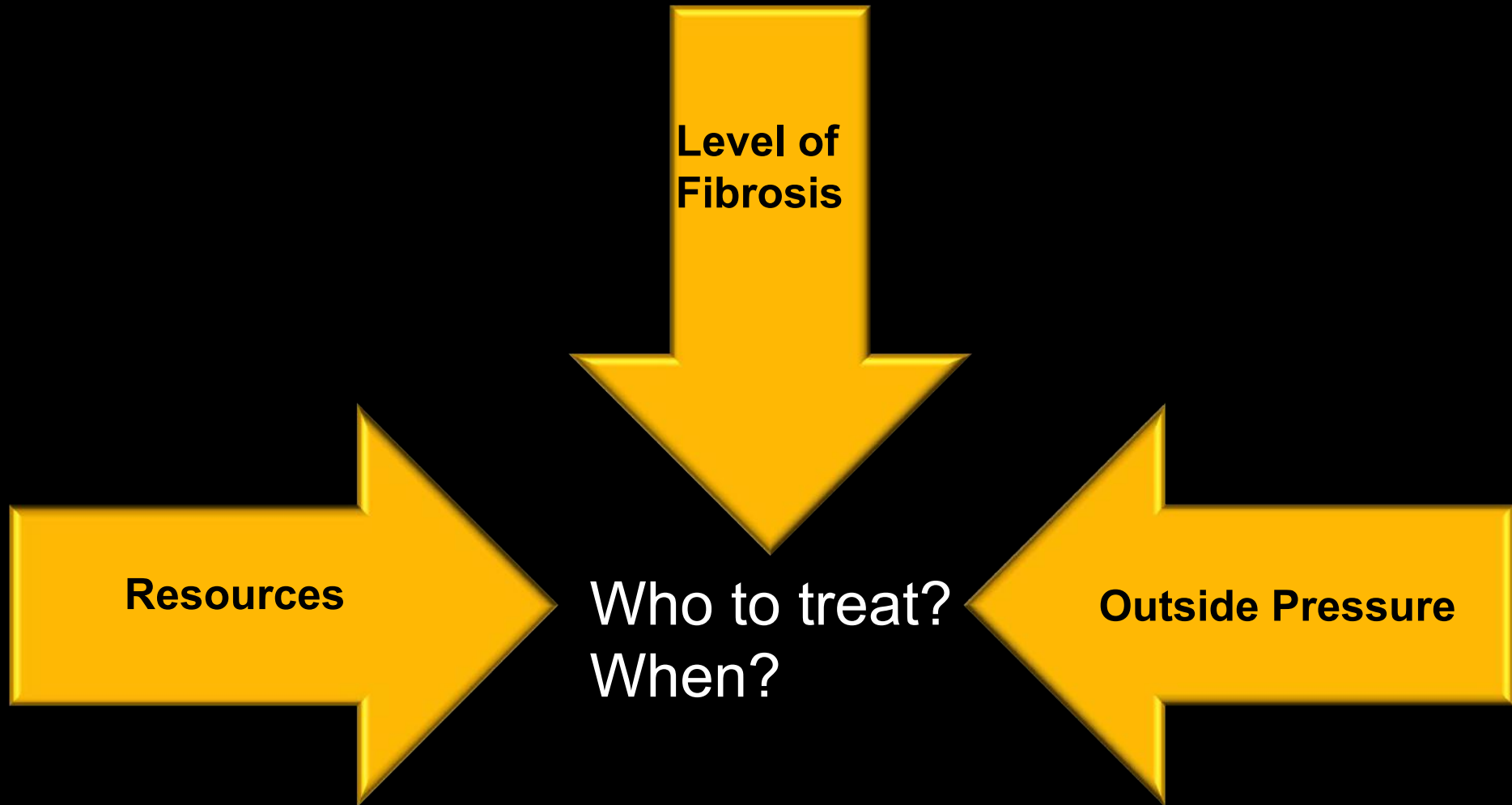
August 2017: completed a major revision in the policy guiding the management of HCV

- Establishes statewide HCV Clinical Case Registry
- Sets criteria for selecting patients for treatment based on level of fibrosis
- Offers HCV screening to offenders admitted before 2004

# HCV Management

- Goal: prevent the progression of fibrosis and development of cirrhosis
- Identify the patient's stage of fibrosis
  - Blood tests (APRI, FIB4, etc)
  - Liver Elastography (Fibroscan)
  - Liver Biopsy

# Selecting Patients for Treatment



# Cost of Treating Hepatitis C

<b>Drug Name</b>	<b>Length of Treatment</b>	<b>Wholesale Price</b>	<b>Contract Price</b>	<b>Genotype</b>
<b>Harvoni</b>	<b>8 weeks</b>	<b>\$63,000</b>	<b>\$22,680</b>	<b>1a, 1b</b>
<b>Epclusa</b>	<b>12 weeks</b>	<b>\$74,760</b>	<b>\$26,160</b>	<b>1,2,3,4,5,6</b>
<b>Mavyret</b>	<b>8 weeks</b>	<b>\$26,400</b>	<b>\$26,400</b>	<b>1,2,3,4,5,6</b>

# Cost of Treating Hepatitis C

FY 17

Treated 16 patients

\$1.1 million

FY 18

Goal is to treat 40 patients

\$1.4 million



# Long Term Goal: HCV Eradication



“You don't make progress by standing on the sidelines, whimpering and complaining. You make progress by implementing ideas.”

Shirley Chisholm