

Sarah Ziegenhorn

Acting Executive Director

Co-Founder

Co-Chair, Board of Directors

Iowa Harm Reduction Coalition



The Iowa Harm Reduction Coalition works to improve health equity in Iowa communities through mobile outreach, education, and advocacy.

Mission

To reduce the harms associated with drug use and promote health equity through compassionate, nonjudgmental community services, education, and advocacy.

Vision

lowans who are impacted by drug use are empowered to care for themselves and one another. Health inequities experienced by people who use drugs are eliminated. Health professions students are trained to practice harm reduction and meet people where they are, outside of the clinic walls. Community members and care providers view addiction as an illness and treat people who use drugs with dignity, without stigma or judgement.

Board of Directors







What We Do







Technical Assistance



Community Services



- Apply an evidence-based service delivery model with an extremely low barrier to engagement
- Replicate an organizational model used in other rural states
- Street-based and Mobile outreach 2-3 days per week
- Deliveries 7 days/week

• 3 Communities:

Iowa City Cedar Rapids Des Moines

Services



Syringe Clean Up



Risk Reduction Kits



HIV/HCV Rapid Testing



Naloxone Kits



Hotline



Linkage to Health & Social Services



- Over 70 volunteers
- Complete intensive training in naloxone distribution, motivational interviewing, peer-to-peer counselling, safer injection practices, linkage to social services, anti-oppression service delivery framework
- Volunteers are people of all ages, professions; people in recovery, health professionals and social service providers, students, and clients



Creating connections that engender community healing Building relationships to support recovery and healing from trauma

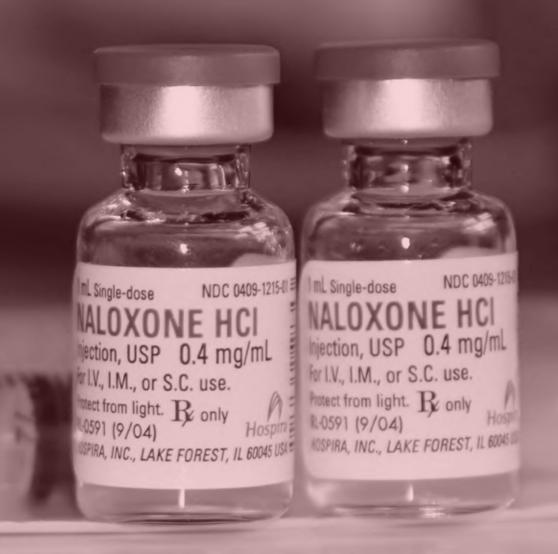
What We Do: Training + Technical Assistance

We are the state's largest free naloxone distribution program and provide opioid overdose prevention education.

SINCE JUNE IST:

IHRC: II REPORTED SAVES

QCHR: 8 REPORTED SAVES



2ND ANNUAL UNIVERSITY OF IOWA HARM REDUCTION SUMMIT SEPTEMBER 25TH - SEPTEMBER 29TH **HOSTED BY OFFICE OF THE VICE PRESIDENT FOR MEDICAL AFFAIRS 8 DEAN, CARVER COLLEGE OF MEDICINE**

EXPLORING HARM REDUCTION SOLUTIONS TO IOWA'S

OPIOID, METH & HEPATITIS C CRISES

MON 9.25

12:00 - 1:00 PM | MERF 1110

Conversation with current and former opioid, heroin, and meth users

MON 9.25

6:00 - 8:00 PM | BSB AUDITORIUM I

Therapeutic Approaches to Addiction & Pain: Harm Reduction Psychotherapy, Motivational Interviewing, Mindfulness Meditation & Yoga

TUE 9.26

12:00 - 1:00 PM | MERF 1110

Harm Reduction & Substance Use in Iowa: Epidemiology & Policy

TUE 9.26

6:00 - 8:00 PM | MERF 1117

Procedure Clinic: Abscess and Wound Care

WED 9.27

12:00 - 1:00 PM | MERF 1110

Opioid Overdose & Naloxone: Iowa Policies & Administration Training

WED 9.27

6:00 - 8:00 PM | MERF 2189

Pain Treatment Workshop: Explore current evidence for acute opioid pain management and current evidence for non-opioid pain management

THU 9.28

12:00 - 1:00 PM | MERF 1110

Introduction to Syringe Service Programs & Needle Exchange

FRI 9.29

9:00 AM - 3:30 PM | IMU ROOM 348

Exploring Harm Reduction Solutions to Iowa's Opioid, Meth & Hepatitis C Crises

GUEST SPEAKERS:

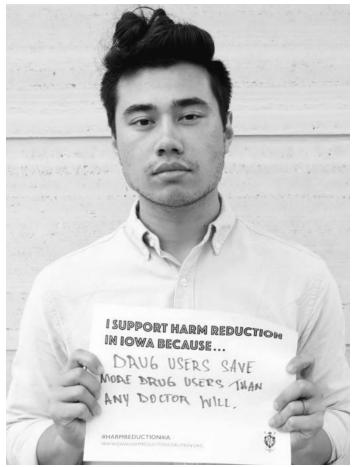
KIEFER PATTERSON, HARM REDUCTION COALITION DR. PATRICIA QUINLISK, DIRECTOR, IDPH DR. STEVEN COOK, MED. DIRECTOR, IOWA DOC BRAD ZAUN, SENATOR

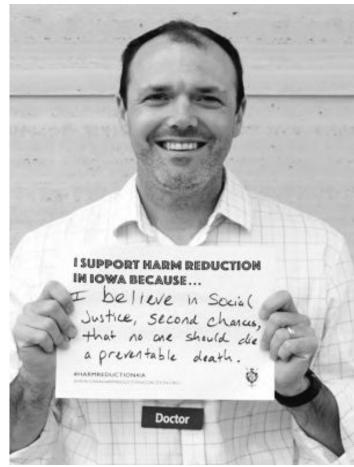


WWW.IOWAHARMREDUCTIONCOALITION.ORG

What We Do: Legislative Advocacy







Where We're Going: Supporting the Development of Community Harm Reduction Organizations Across the State

